

DATE	10/14/2008					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	%cal Sugar	gm CHO	mg Na	Notes			
<b>Chips and Snacks</b>													
<b>Austin</b>													
SeAnimal Crackers	79783-40790		1 oz	35	3	0	21	20	85	1 bread			
Zoo Animal Crackers	79783-48786		1 oz	14	0	0	25	25	90	1.5 bread			
<b>Azar Nut Company</b>													
Carnival Crunch			.75 oz	13	0	0	15	16	180	1 bread			
Power Snacks Peanuts		Roasted, salted	1 oz	71	11	0	0	6	100				
Power Snacks Sunflower Kernels		Roasted, salted	1 oz	76	8	0	4	6	110				
Power Snacks Sunflower Kernels		Honey roasted	1 oz	71	6	0	7	8	88				
Power Snacks Sunflower Kernels		Barbecue	1 oz	76	11	0	7	6	60				
Power Snacks Raisins			1 oz	0	0	0	71	22	6	raisins, plain			
<b>Bake Crafters</b>													
Honi Munchable Snack Mix Pack			.7 oz	27	9	0	20	14	110	1 bread			
Pretzels, alphabet packs			.7 oz	0	0	0	0	15	150	1bread			
<b>Baked Classics</b>													
Potato Crisps		Sour Cream & Onion, Mesquite BBQ	.5 oz	11	0	0	7	10	135				
Potato Crisps		Sour Cream & Onion, Mesquite BBQ	1 oz	11	0	0	7	20	135				
<b>Barrel O'Fun</b>													
Baked Classic Potato Crisps		Mesquite Barbecue, Sour Cream & Onion	.5 oz	20	0	0	3	10	125				
Baked Fries Jonny Rapp		Bacon Cheddar, Hot, Ketchup	1 oz	35	3	0	4	20	230				
Cheesy O's Lite Puffed Cheese Snacks			1 oz	32	3	0	4	19	160				
Stix O'Cheese	18375		1 oz	32	3	0	4	19	125	1 bread			
Stix O'Fire	18376		1 oz	35	4	0	4	19	160	1 bread			
Cheese Balls	18377		1 oz	35	0	0	9	15	95	1 bread			
<b>Rachel's Baked Thin Crisp</b>													
	18647	Original	1.14 oz	14	0	0	6	26	210				
	18650	Cheddar & Sour Cream	1.14 oz	21	3	0	9	24	220				
	18649	Sour Cream & Onion	1.14 oz	21	3	0	9	24	220				
	18648	Barbeque	1.14 oz	21	3	0	9	24	220				
<b>Betty Crocker</b>													
Fruit Shapes	11510	Scooby-Doo	0.88 oz	0	0	0	20	17	50				
<b>Brookside Fruit Company</b>													
Clodhoppers		Granola Crunch	1.06 oz	30	10	0	27	22	80	1 bread			

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<b>California Classics</b>														
Crunchy Cheese Curls					0.75	31	5	0	7	13	150			
Cheese Balls					0.75	30	10	0	5	13	150			
<b>Dakota Gourmet</b>														
S'more Mix		Choc Graham Square Mix			1.25 oz	30	7	0	14	21	70			
Sunflower Seeds		Blaze-In Hot			1oz	85	8	0	1	5	115	seeds		
Honey Nutz		Soybeans			1oz	39	7	0	11	11	55	nonfried veg		
Sunflower Seeds		lightly salted			1oz	74	8	0	1	5	85	seeds		
Sunflower Seeds		honey roasted			1oz	68	9	0	15	8	85	seeds		
<b>Flat Earth</b>														
Baked Fruit Crisps	39774	Apple cin.			1 oz	31	7	0	21	21	35			
Baked Veggie Crisps	39773	Cheddar			1 oz	35	7	0	11	19	190			
<b>Frito Lay</b>														
Baked Cheetos	21642	Crunchy Regular			0.875oz	35	4	0	1	13	210			
Baked Cheetos	30993	Crunchy Flamin' Hot			0.875 oz	34	0	0	1	15	210			
Cheetos Fantastix	43578	Flamin' Hot			1 oz	35	7	0	0	19	230			
Baked Doritos	20002	Nacho Cheese			.75oz	22	0	0	5	19	160			
Reduced Fat Doritos	31748	Nacho Cheese			1oz	35	7	0	1	19	220			
		36096 Cooler Rnach												
Quaker		36308 Snack Mix			1oz	30	7	0	15	15	230			
Baked Lay's	32078	KC Masterpiece BBQ			0.875 oz	20	0	0	1	19	190			
Baked Lay's	33627	Cheddar Sour Cream			0.875 oz	23	4	0	12	19	190			
Baked Lay's	33625	Original			1.125 oz	12	0	0	6	26	200			
Cheetos Fantastix	36098	Chili Cheese			1 oz	35	7	0	0	15	190			
Cheetos Fantastix	43593	Flamin' Hot			1 oz	35	7	0	0	19	230			
Cheetos Cracker Trax	43593	Cheddar			.75 oz	35	5	0	0	15	190	1 bread		
Tostitos Baked Scoops	42537				.87 oz	18	0	0	0	19	115			
Lay's Cracker Crisps	43477	Smooth Cheddar			.812 oz	30	9	0	13	17	210			
<b>Generation Max</b>														
Snickers Cereal Clusters	26916				1.06 oz	28	10	0	30	20	120			
Twix Cereal Clusters	26917				1.06 oz	28	10	0	30	20	120			
Combos Crackers	26922	Hot& Spicy			1.06 oz	35	0	0	6	18	220			
		26927 Pizza												
Combos Pretzels	26928	Ranch			1.06 oz	10	0	0	6	23	230			

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<b>General Mills</b>													
Fr by the FootSpecEd	12106	Berry Tie Dye	.75 oz	19	6	0	33	16	40				
Spec Ed Fruit Roll-Ups	29162	Strawberry	.5 oz	25	0	0	29	11	55				
Cinnamon Toast Crunch Crisps			1 oz	21	0	0	32	22	200				
Fruity Cheerios			.87 oz	10	0	0	28	21	120	1 bread			
Whole Grain Fr. Toast Crisps Cereal Snacks													
	17797000		1 oz	21	0	0	32	22	210	1 bread			
Cocoa Puffs 25% less sugar		Cereal on the Go (pouch)	7/8 oz	11	0	0	33	20	130	1 bread			
Cinnamon Toast Crunch		Cereal on the Go (pouch)	1oz	25	4	0	32	22	200	1 bread			
Cinnamon Toast Crunch Crisps		Cereal on the Go (pouch)	1 oz	21	0	0	32	22	200	1 bread			
Whole Grain French Toast Crunch Crisps		Cereal on the Go (pouch)	1 oz	21	0	0	32	22	210	1 bread			
Fruity Cheerios		Cereal on the Go (pouch)	7/8 oz	11	0	0	33	21	120	1 bread			
<b>Jonny Rapp's</b>													
Cheesy Os	18209	Puffed Cheese snack	.75 oz	35	0	0	5	15	95				
Stix O' Cheese	18375		1 oz	32	3	0	3	19	125				
Six O' Fire	18376		1 oz	35	3	0	3	19	160				
Cheese Balls	18377		.75 oz	35	0	0	3	15	95				
Baked Fries		Cheddar and Bacon	1 oz	27	0	0	4	20	230				
<b>Kraft</b>													
Honey		Maid Cin Graham Stix	1 oz	23	4	0	28	20	160	1.25 bread			
<b>Keebler</b>													
Character Graham's	30100-34103	Bug Bites (R) Cinnamon Graham Crackers	1.1 oz	28	10	0	29	17	125	1.25 bread			
	30100-28665	Scooby-Doo!(TM) Cinnamon Graham Sticks	1 oz	29	4	0	29	17	115	1 bread			
Elf Graham's	30100-40213	Keebler (R) Elf (R) Graham's Original with Calcium	1 oz	27	7	0	29	16	105	1 bread			
	30100-40221	Keebler (R) Elf (R) Graham's Cinnamon with Calcium	1 oz	27	7	0	29	17	105	1 bread			
	30100-40239	Keebler ® Elf ® Graham's Chocolate	1 oz	31	10	0	25	17	125	1 bread			
Graham's	30100-30073	Keebler (R) Original Graham's with Calcium	.75 oz	25	5	0	19	17	90	1 bread			
	30100-30074	Keebler (R) Original Graham's	.5 oz	33	0	0	21	16	60	0.5 bread			
	30100-38133	Keebler (R) Cinnamon Crisp Graham Selects	.75 oz	25	5	0	19	21	85	1 bread			
	30100-38141	Keebler (R) Apple Cinnamon Graham's	.75 oz	28	5	0	19	16	95	1 bread			

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	30100-38166	Keebler(R) Low Fat French Vanilla Grahams	.75 oz	17	5	0	24	16	95	1 bread			
	30100-38299	Keebler(R) Honey Grahams with Fiber	.82 oz	30	0	0	17	21	100	1 bread			
	30100-38406	Keebler(R) Honey Rite (R) Grahams	.5 oz	25	0	0	21	21	65	0.5 bread			
	30100-76450	Keebler(R) Honey Rite (R) Grahams with Calcium	.75 oz	28	5	0	24	16	100	1 bread			
Zesta Saltines	30100-01396	Keebler(R) Unsalted Top Saltines- 2 ct.	.2 oz	20	0	0	0	8	40	.25 bread			
Zesta Saltines	30100-01446	Zesta (R) Saltines- 4 ct.	.4 oz	20	0	0	0	8	190	.5 bread			
<b>Kellogg's</b>													
Corn Flakes®	38000-00196	Bowl Pack	.75 oz	0	0	0	10	16	150	1 bread			
Rice Krispies®	38000-00596	Bowl Pack	.64 oz	0	0	0	11	23	170	1 bread			
Complete Wheat Bran Flakes	38000-00696	Bowl Pack	.89 oz	6	0	0	16	20	180	1 bread			
Frosted Flakes Red Sugar	38000-21861	Bowl Pack	1 oz	0	0	0	28	18	160	1 bread			
Froot Loops Red Sugar	38000-21863	Bowl Pack	.64 oz	7	0	0	32	18	105	1 bread			
Raisin Bran®	38000-00896	Bowl Pack	1.25 oz	4	0	0	31	23	210	1 bread			
Special K(R)	38000-01696	Bowl Pack	.64 oz	0	0	0	11	18	130	1 bread			
Product 19(R)	38000-01996	Bowl Pack	.89 oz	0	0	0	10	27	145	1 bread			
Cruncheroos(R)	38000-02296	Bowl Pack	.64 oz	14	0	0	6	16	140	1 bread			
Crispix(R)	38000-03596	Bowl Pack	.89 oz	0	0	0	10	13	160	1 bread			
Frosted Mini-Wheats	38000-04996	Bowl Pack	1 oz	0	0	0	21	16	0	1 bread			
Apple Jacks Reduced Sugar	38000-29472	Bowl Pack	.75 oz	0	0	0	30	18	120	1 bread			
Wild Animal Crunch Cereal	38000-38860	Bowl Pack	.85 oz	11	0	0	29	16	110	1 bread			
Frosted Flakes® Gold	38000-38484	Bowl Pack	1.10 oz	5	0	0	32	19	190	1 bread			
Corn Flakes	38000-21928	Cereal Individual Pack	.82 oz	0	0	0	9	16	160	1 bread			
Complete Wheat Bran Flakes	38000-21937	Cereal Individual Pack	1.25 oz	5	0	0	19	20	230	1 bread			
Special K®	38000-21968	Cereal Individual Pack	.82 oz	0	0	0	13	18	160	1 bread			
Product 19®	38000-21977	Cereal Individual Pack	.82 oz	0	0	0	13	27	160	1 bread			
Shredded Wheat Miniatures	38000-21982	Cereal Individual Pack	1.07 oz	5	0	0	3	15	0	1 bread			
<b>Kraft</b>													
100 Calorie Packs													
Honey Maid Thins			.81 oz	15	0	0	30	19	170	1 bread			

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Cheese Nips Mini			.74 oz	25	9	0	0	15	230	1.25 bread				
Cheese Sportz Crackers			.74 oz	25	9	0	0	14	230	1.25 bread				
Ritz Snack Mix	4400000770		.77 oz	25	5	0	9	16	210	1 bread				
<b>Lance</b>														
Nacho Cheese Baked Tortilla Chips			7/8 oz	25	4	0	4	17	180					
<b>MJM's</b>														
Graham Cracker		Low-fat honey, cinnamon, honey graham & fiber	.9 oz	26	4	0	24	18	132	1 bread				
Bear Grahams & Waffle Grahams & Dinosaur Grahams		Apple cinnamon, lemon, chocolate vanilla, strawberry, blueberry	.9 oz	26	5	0	22	18	86	1 bread				
All-Sports Bites		Trans fat free	1 oz	26	4	0	23	20	93	1 bread				
Wholesome Dino Bites		Vanilla	1 oz	26	4	0	24	20	92	1 bread				
<b>Nabisco</b>														
100 Calorie Packs	31	Wheat Thins minis	.74 oz	25	5	0	14	25	200	1 bread				
	67	Sportz Cheese Crackers	.74 oz	25	8	0	0	14	230	1.25 bread				
	759	Cheese Nips Thin Crisps	.74 oz	25	5	0	0	15	230	1.25 bread				
	40	Honey Maid Cinnamon Thin Crisps	.81 oz	15	0	0	30	19	170	1 bread				
Animal Crackers			1 oz	24	3	0	21	11	150	1 bread				
<b>Pepperidge Farm</b>														
Giant Goldfish Grahams	15094	Cinnamon	0.9 oz	29	7.5	0	23	19	150	1 bread serv				
Giant Goldfish Grahams	15263	Chocolate	0.9 oz	25	8	0	23	19	105	1 bread serv.				
Goldfish PhysEdibles	16187	Strawberry	0.9oz	29	7.5	0	26	19	150					
	16188	Lemon												
Goldfish	15095	Parmesan	0.75oz	27	10	0	0	19	230					
Cheddar Goldfish	14367	Cheddar	0.75 oz	32	9	0	0	19	180					
Kickin'Ranch Goldfish	17331		0.75 oz	30	9	0	0	14	190	1 bread				
Hot 'nSpicy Cheddar	17330		0.75 oz	30	9	0	0	14	190	1 bread				
Vanilla Goldfish	16999		0.90 oz	29	8	0	24	19	105	1 bread				
<b>Pierre Foods</b>														
Peanut Butter Cup	90011	Peanut butter in plastic cup	1.11 oz	78	16	0	11	6	144					

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<b>Planters</b>													
Honey Roasted Peanuts	7695				1 oz	73	11	0	14	16	110	nuts	
Peanuts, salted	7485				1 oz	79	11		4	11	115	nuts	
<b>Popcorn, Indiana</b>													
Gourmet Kettlecorn	1-81972-00065-3	Popcorn			1 oz	35	0	0	21	21	130		
<b>Ricos</b>													
RTE Popcorn	RIC90003	Butter			5/8 oz	33	0	0	0	10	180		
RTE Popcorn	RIC90002	Cheddar Cheese			5/8 oz	32	0	0	5	10	220		
<b>Right Bites</b>													
100 Calorie Snacks	24100-33880	Right Bites(R) Cheez-It(R) Crackers			.75 oz	30	9	0	0	7	230	1 bread	
<b>SNX</b>													
BBQ Chips	596000-J3	BBQ Bling			1.25 oz	25	0	0	6	24	190		
Cinnamon Stax	596001-J3	Cinnamon Chips			1.25 oz	21	0	0	6	25	110		
Caramel Kick	570000-J2	Caramel Bar			1 oz	20	9	0	23	18	35		
<b>Sunkist</b>													
Fruit Snacks		Special Edition Mixed Fruit			.88oz	6	0	0	32	19	55		
<b>Sunshine</b>													
Krispy Saltines	24100-13055	Saltines 500/2 ct.			.2 oz	20	0	0	0	8	90	.25 bread	
Krispy Saltines	24100-61853	Saltines 300/2 ct.			.2 oz	20	0	0	0	8	90	.25 bread	
<b>SuperPretzel</b>													
Soft Pretzel	3 30113	51% Whole Wheat no salt added			1 oz	7	0	0	0	14	65	1.25 bread	
Rods	31012	51% Whole Wheat no salt added			1 oz	7	0	0	0	14	65	1.25 bread	
<b>Super Snax</b>													
Pretzel Popers		Zesty Pizza			.75 oz	31	0	0	5	14	170		
<b>Zesta</b>													
Saltines .	30100-00646	Saltines 300/2 ct.			.2 oz	25	0	0	0	8	95	.25 bread	
Saltines .	30100-01008	Saltines 500/2 ct.			.2 oz	25	0	0	0	8	95	.25 bread	

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<b>Cookies</b>													
<b>Bake Crafters</b>													
Animal Cracker Packs					1 oz	28	7	0	2	19	110	1 bread	
<b>Best Maid</b>													
Best Maid	Cookie		Low Fat Oatmeal Choc Chip, LF Sugar,		1 oz	30	9	0	30	19	80		
			LF Double Cho. Chip, LF Cho Chip,		1 oz	30	9	0	30	18	80		
			LF Oatmeal Choc. Chip with M & M's		1 oz	30	9	0	30	19	80		
			LF Oatmeal Blueberry		1 oz	30	9	0	30	19	80		
<b>BreakfastBreaks</b>													
Mini Animal Crackers	161918	Original			.9 oz	15	0	0	24	20	80	1 bread	
Mini Animal Grahams	161925	Cinnamon			.9 oz	18	0	0	24	18	140	1 bread	
<b>Chortles</b>													
Chocolate Chortles	3004	Chocolate Choc Chip Cookies			1 oz	30	8	0	25	19	130		
Regular	3003	Chocolate Chip Cookies			1 oz	25	9	0	25	19	95		
<b>Cookietree Bakeries</b>													
Reduced Fat Bake & Serve 1 oz Cookies			Candy Chip, Choc Chip,		1 oz	34	29	0	9	19	117	1/2 bread	
			Raisin Oatmeal, Sugar										
<b>Hope's Country Fresh</b>													
Cookies Select		White Choc Mac, Sugar, Oatmeal Raisin, Oatmeal			1 oz	33	9	0	29	18	130		
		Peanut Butter, M&M, Double Fudge, Choc Chip											
<b>Kraft</b>													
100 Calorie Pack Chips Ahoy Thin Crisps					.81 oz	25	9	0	30	18	140	.75 bread	
100 Calorie Pack Oreo Thins					.81 oz	15	0	0	35	19	160	.75 bread	
100 Calorie Pack Shortbread Sportz Cookies					.74 oz	30	5	0	29	16	120	.75 grain	
<b>Mrs. GoodCookie</b>													
Star Spangled Cookies		vanilla			1oz	28	0	0	25	19	80	1 bread	
Jungle Crackers		vanilla			1oz	20	7.5	0	21	21	75	1 bread	
Jungle Crackers Fruit Sweetened					1.1 oz	29	7	0	16	19	60		

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Belly Bears		Choc Graham, Cinnamon Graham			1 oz	29	0	0	25	19	75	1 bread	
		Honey graham						0					
Icee Cookies					1oz	29	0	0	30	19	110		
Superstars	56066	Cinnamon Graham's (51% whole wheat)			1 oz	29	0	0	25	21	100	1.25 bread	
<b>Nabisco</b>													
100 Calorie Packs	937	Chips Ahoy Thin Crisps			.81 oz	25	5	0	31	17	140	.75 bread	
	68	Sportz Cookies			.74 oz	30	5	0	29	16	120	.75 bread	
	938	Oreo Thin Crisps			.81 oz	15	0	0	35	19	160	.75 bread	
	55	Peanut Butter cookie Crisps			.85 oz	30	5	0	29	17	160	.75 bread	
Teddy Graham's		Cinnamon			.5 oz	25	0	0	22	19	70		
		Cinnamon, Chocolate, Cubs			.75 oz	30	5	0	28	20	135	.75 bread	
<b>Otis Spunkmeyer</b>													
Value Zone Reduced Fat Cookies:		Sugar, Oatmeal raisin, Choc. Chip, Carnival			1 oz	27	8	0	32	19-25	100		
Delicious Essentials Reduced Fat Cookie		Butter Sugar, Oatmeal Raisin, Choc. Chip, Carnival			1 oz	27	8	0	29	19-25	80		
<b>Readi-Bake</b>													
Benefit Cookies(portioned frozen dough)													
Sugar	4945	Reduced fat			1 oz	29	8	0	35	18	120	.75 bread	
Oatmeal Raisin	4947	Reduced fat			1 oz	29	8	0	35	18	98	.5 bread	
Chocolate Chip	4941	Reduced fat			1 oz	29	8	0	35	18	107	.5 bread	
Sugar	4915	51% whole grain reduced fat			1 oz	30	10	0	32	18	120	.75 bread	
Oatmeal Raisin	4917	51% whole grain reduced fat			1 oz	30	10	0	32	18	98	.5 bread	
Chocolate Chip	4911	51% whole grain reduced fat			1 oz	30	10	0	32	18	107	.5 bread	
Candy with mini M&Ms	4912	51% whole grain reduced fat			1 oz	30	10	0	32	18	89	.5 bread	
Oatmeal Choc Chip	4919	51% whole grain reduced fat			1 oz	30	10	0	32	18	100	.5 bread	
<b>Silver Lake Cookies(The Cookie Jar)</b>													
Premium Frozen Cookie Dough 1 oz													
	66102	Chocolate Chip			1 oz	30	9	0	28	19	135		
	66104	Festival Cookies			1 oz	30	9	0	32	19	135		
	66105	Sugar			1 oz	25	9	0	25	19	140		
	66106	Oatmeal Raisin			1 oz	25	9	0	28	18	135		
	66126	Oatmeal White Choc& Cranberry			1 oz	32	8	0	32	20	150		

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			Value Frozen Cookie Dough 1 oz										
		66002	Chocolate Chip	1 oz	27	8	0	28	20	150			
		66003	Sugar	1 oz	25	9	0	25	19	140			
		66004	Festival Cookies	1 oz	25	9	0	28	19	135			
		66006	Oatmeal Raisin	1 oz	25	5	0	25	18	135			
		66022	Oatmeal Chocolate Chip	1 oz	27	8	0	32	20	150			
			Reduced Fat Choc Chip Cookie	1 oz	30	8	0	32	20	140			
<b>Cereal bars, granola bars, pastries, muffins, doughnuts, bagels, bakery items</b>													
<b>Bake Crafters</b>													
			Muffins										
			Orange dream, tropical banana, blueberry(low fat), apple blossom(low fat)	2 oz	5	2	0	25	26-30	220	1 bread		
			Muffins, whole wheat										
			Blueberry RF, Fort, banana, RF, Fort	2 oz	30	6	0	21	25	170	1 bread		
			Mini Loaf										
			Carrot, apple cinnamon	2 oz	30	5	0	30	26-29	170	1 bread		
			Bagels, plain, sliced	2 oz	6	0	0	1	29	0	2 bread		
			Bagel Half	1 oz	3	0	0	1	18	130	1 bread		
			Toaster Tarts, singles										
			Cinnamon( frosted), strawberry(unfrosted) blueberry (unfrosted)	1.8 oz	30	6	0	33	34	180	1 bread		
<b>Bouquet of Fruits</b>													
			On Track Fruit Energy Bar										
			Chocolate Cherry Fudge	1.4 oz	3	0	0	25	28	10	1 fruit		
			Mixed Berries	1.4 oz	3	0	0	25	28	15	1 fruit		
			Strawberry Banana	1.4 oz	3	0	0	10	28	15	1 fruit		
			Peaches and Cream	1.4 oz	3	0	0	30	27	55	1 fruit		
<b>Burlington Farms</b>													
			Breakfast square										
			Iced Cinnamon	1oz	26	7	0	31	35	210			
<b>Clif Bars</b>													
			Z bar (organic) peanut butter, chocolate chip, chocolate brownie	1.3 oz	32	6	0	33	20	170			
<b>DFManufacturing</b>													
			School Brownie	1.6 oz	33	10	0	27	31	140			
<b>Fieldstone Delight</b>													
			Strawberry Delights	1.41 oz	28	8	0	33	27	125	1 bread		

DATE	10/14/2008					Foods in Compliance for TN Competitive Foods								
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	%cal Sugar	gm CHO	mg Na	Notes		
Apple Delights					1.41 oz	28	8	0	33	27	125	1 bread		
Blueberry Delights					1.41 oz	28	8	0	33	27	125	1 bread		
Raspberry Delights					1.41 oz	28	8	0	33	27	125	1 bread		
<b>General Mills</b>														
Trix Cereal Bar					1.3oz	23	0	0	28	30	160	1 bread		
Team Cheerios Bar					1.4 oz	23	0	0	28	30	120	1 bread		
Cocoa Puffs Cereal Bar					1.4 oz	25	3	0	28	29	105	1 bread		
Cinnamon Toast Crunch Cereal Bar					1.4 oz	19	0	0	28	30	170	1 bread		
Fruity Cheerios Cereal Bar					1.4 oz	24	3	0	26	28	120	1 bread		
<b>Goody Man</b>														
Marshmallow Crispy Squares					1.6oz	20	5	0	32	30	230			
<b>Horizon Health</b>														
Cup of Gold Snack Bar					2 oz	23	10	0	24	31	72			
<b>Horizon Snack Foods</b>														
Turnovers Reduced Fat, Standard		Apple, Apricot, Blackberry, Cherry, Blueberry, Peach, Raspberry puree, Raspberry IQF, Sweet Potato			2 oz	27-28	7	1.4	17-23	27	211	1 bread		
Turnovers s-series (Junior)		Apple, Cherry			2 oz	30	19	1.7	7	28	209	1bread		
<b>Kashi</b>														
Chewy Granola Bars	18627-37947	Trail Mix			1.25 oz	32	3	0	17	11	105	.75 bread		
	18627-37949	Honey Almond Flax			1.25 oz	32	3	0	14	19	115	.5 bread		
	18627-37945	Peanut Butter			1.25 oz	32	3	0	14	13	90	.5 bread		
<b>Kellogg's</b>														
All-Bran Bars	38000-21029	All-Bran (R) Bars Honey Oat			1.25 oz	19	3	0	31	25	180	.75 bread		
Special K Bars	38000-22222	Special K(R) Bars Vanilla Crisp			.78 oz	17	3	0	32	24	100	.5 bread		
Nutrigrain Cereal Bar	38000-35945	Nutri-Grain Bar Strawberry			1.3 oz	23	3	0	32	27	120	.75 bread		
	38000-35645	Nutri-Grain Bar Apple Cinnamon			1.3 oz	23	3	0	32	27	105	.75 bread		
	38000-35745	Nutri-Grain Bar Blueberry			1.3 oz	23	3	0	32	27	105	.75 bread		
	38000-05872	Assortment Pack Strawberry/Blueberry/Apple Cinnamon			1.3 oz	23	3	0	32	27	120	.75 bread		
Rice Krispies Treats(R) Orig														
	38000-00736	Kellogg's RKT Squares Grab n' Go ( 4 bars)			1.57 oz	22	7	0	34	27	210	.75 bread		
	38000-26502	Kellogg's RKT Squares Retail			.78 oz	22	10	0	32	27	105	.25 bread		
	38000-26522	Kellogg's RKT Squares Retail			.78 oz	22	10	0	32	27	105	.25 bread		
	38000-26547	Kellogg's RKT Squares Grab n' Go			1.3 oz	20	6	0	32	27	170	.5 bread		

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	38000-35054	Kellogg's RKT Squares Retail	.78 oz	22	10	0	32	27	105	.25 bread			
	38000-35056	Kellogg's RKT Squares Retail	.78 oz	22	10	0	32	27	105	.25 bread			
Pop Tarts	all single pack												
	38000-00498	Frosted Strawberry	1.83 oz	23	4.5	0	29	37	190	1 bread			
	38000-00499	Frosted Blueberry	1.76 oz	30	6	0	32	34	180	1 bread			
	38000-00500	Strawberry	1.83 oz	23	5	0	35	37	170	1 bread			
	38000-08584	Brown Sugar Cinnamon	1.83 oz	29	2	0	32	37	170	1 bread			
	38000-36651	Brown Sugar Cinnamon, made with wh gr	1.76 oz	30	2	0	28	34	170	1.25 bread			
	38000-36657	Strawberry, made with whole grains	1.76 oz	24	2	0	30	37	160	1.25 bread			
<b>Nature Valley</b>													
Crunchy Granola Bar		Peanut Butter, Oats & Honey	1.5 oz	35	5	0	26	30	190				
Chewy Granola Bar	11590	Chocolate Chip	1 oz	23	4	0	25	21	50				
	11594	Oatmeal Raisin	1 oz	18	0	0	32	21	55				
<b>Otis Spunkmeyer</b>													
Muffins Reduced Fat for Schools:		Choc. Chip, Banana, Apple Cinnamon, Wild Blueberry	1.8 oz	29	6	0	29	29	180				
<b>Quaker</b>													
Oatmeal to Go	43947	Oatmeal Raisin	1.4oz(40g)	16	3	0	35	29	160				
	43948	Apples & Cinnamon	1.4 oz	16	3	0	33	29	135				
	43950	Brown Sugar Cinnamon	1.4 oz	18	3	0	33	29	150				
Chewy Granola Bar		Peanut Butter Choc Chunk	1oz(28g)	25	8	0	32	20	85				
	O5574	Butterfinger	24 gm	23	8	0	33	19	85				
	O5568	Low Fat S'mores	24 gm	20	5	0	33	19	80				
	O5567	90 Calorie Oatmeal Raisin	24 gm	17	0	0	29	19	80				
	O5566	90 Calorie Cinnamon Sugar	24 gm	17	0	0	29	19	80				
	O5579	90 Calorie Choc. Chunk	24 gm	22	5	0	29	19	80				
	O5578	90 Calorie Baked Apple	24 gm	17	0	0	29	19	85				
	O5509	Peanut Butter Choc Chip 25% less sugar	24 gm	25	9	0	21	17	75				

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	O5508	Choc. Chip with 25% less sugar			24 gm	30	9	0	21	17	75		
	O5576	Peanut Butter Choc Chip			24 gm	25	9	0	29	17	95		
Fruit & Oatmeal Bars		Strawberry			1.3 oz(37g)	19	3	0	24	27	110		
Fruit & Oatmeal Bars		Apple Crisp			1.3 oz(38g)	19	3	0	24	27	120		
Fruit & Oatmeal Bites		Strawberry			1.96oz(56g)	18	5	0	21	27	220		
Fruit & Oatmeal Bites		Apple Crisp			1.96oz(56g)	18	5	0	25	28	150		
Breakfast Bites (25% less sugar)		Apple Crisp, Strawberry			1.97oz	17.5	5	0	21	42	135		
Chewy 100 Calorie Gran	O5509	Chocolate			.84 oz	35	9	0	25	17	75		
Breakfast Cookies	O7653	Oatmeal raisin			1.7 oz	24	8	0	31	33	190		
Breakfast Cookies	27326	Oatmeal chocolate chip			1.7 oz	28	10	0	29	31	190		
<b>Simply Blues</b>													
Mini Honey Wheat Breakfast Bar					1.25oz	12	2	0	20	26	88	1 bread	
<b>Schwan Food Company</b>													
Power Alley Energy Burs	78725	Chocolate chip			1.76 oz	21	7	0	35	37	50	1 bread	
<b>Winsor Foods</b>													
Elfin Loaves	31625	apple cinnamon			2 oz	30	5	0	28	16	170	1 bread	
	31609	banana			2 oz	33	5	0	28	16	170	1 bread	
	31633	blueberry			2 oz	35	5	0	28	16	170	1 bread	
<b>Beverages</b>													
<b>Meridian Beverage Co.</b>													
Aqua Kids	calcium fortified	All Flavors			8oz	0	0	0	0	0	0		
	71208	Strawberry											
	71508	Grape											
<b>Ardmore Farms</b>													
100% Juice Blend	45400	Orange	carton		4 oz	0	0	0	11	14	20	1/2 c fruit	
	45403	Grape	carton		4 oz	0	0	0	11	14	20	1/2 c fruit	
	45453	Grape	carton		6 oz	0	0	0	11	20	20	3/4 c fruit	
	45450	Orange	carton		6 oz	0	0	0	11	20	20	3/4 c fruit	
<b>Juice Pac</b>													
Atomic Blast		100% juice blend			6.75 oz	0	0	0	11	24	10	3/4 c fruit	
Punch-uation		100% juice blend			6.75 oz	0	0	0	11	25	15	3/4 c fruit	
Grapes of Math		100% juice blend			6.75 oz	0	0	0	12	28	15	3/4 c fruit	

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<b>Kraft Foods</b>														
Capri Sun Fruit Waves	100% Juice pouches				6.75 oz	0	0	0	12	25	15	3/4c fruit		
<b>Libby's</b>														
Juicy Juice	Ready to drink	All flavors	100% juice		4.23 oz	0	0	0	13	16		1/2 c fruit		
Juicy Juice	Ready to Drink	All Flavors	100% juice		6.75 oz	0	0	0	13	25	15	3/4 c fruit		
<b>Minute Maid</b>														
Juice Box	100% juice and 100% juice blends				6.75 oz	0	0	0	11	23-25		3/4 c fruit		
	apple, apple strawberry, apple white grape, grape, mixed berry, orange, fruit punch													
"Just 10" Fruit Punch Pouch		(Splenda sweetened)	5% juice		6.5 oz	0	0	0	1	2	15	below 15 cal		
<b>Ridgefield's</b>														
Cup Slushies	100% juice													
Blue Raspberry	2001				5.5 oz	0	0	0	14	22	50			
Lemon-Lime	2002				5.5 oz	0	0	0	14	22	50			
Sour Apple	2003				5.5 oz	0	0	0	14	22	50			
Strawberry	2004				5.5 oz	0	0	0	14	22	50			
Sour Cherry	2005				5.5 oz	0	0	0	14	22	50			
<b>RWI</b>														
Ziptide F5	All Flavors(flavored water, nutrient dense, splenda)				8 oz	0	0	0	0	3	0			
<b>Swirl</b>														
Swirl to Go		Strawberry Kiwi			6 oz	0	0	0	11	18	11			
		Orange mango			6 oz	0	0	0	11	18	11			
<b>Tropicana</b>														
Pure Premium Orange Juice	100% juice				6oz	0	0	0	10	20	0	3/4 c fruit		
Pure Premium Orange Juice	100% juice				8oz	0	0	0	10	26	0	1 c fruit		
Pure Premium Orange Juice& Calcium	100% juice				8 oz	0	0	0	10	26	0	1 c fruit		
Pure Premium Healthy Kids Orange Juice	100 % juice				8oz	0	0	0	10	26	0	1 c fruit		
Tropicana Apple Juice	100% juice				6.75 oz	0	0	0	14	27	20	3/4 c fruit		
Tropicana Fruit Punch	100% Juice				6.75 oz	0	0	0	14	27	20	3/4 c fruit		
<b>Frozen Desserts</b>														
<b>Arrezzo</b>														

DATE	10/14/2008					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	%cal Sugar	gm CHO	mg Na	Notes			
Italian Ice Tubes		Strawberry, Orange, Lemon, Cherry	4 fl oz	0	0	0	21	22-24	0				
<b>Blue Bell Creameries</b>													
Lowfat Frozen Yogurt	473		3 oz cup	15	10	0	23	17	50				
LF Ice Cr.Sandwich	128	Vanilla	3 fl oz	19	8	0	19	22	115				
	132	Cookies & Cream	3 fl oz	16	3	0	22	25	125				
LF Sundae Cup	112	Fiesta (Cinco de Mayo)	3 oz cup	15	10	0	20	16					
	465	Cookies & Cream	3 oz cup	20	10	0	27	17	60				
Light Ice Cream	458	Vanilla	3 oz cup	13	6	0	24	13	50				
Sherbet	457	Lime, rainbow, orange	3 oz cup	5	5	0	33	21	25				
Mini Rainbows	450		1.25 oz	0	0	0	19	17	5				
Fudgy Bar	105		2 fl oz.	0	0	0	22	15	50				
Rainbow Pop Up	139		2.75 fl. oz	6	6	0	28	17	20				
Freeze Bar	131	Cherry	1.75 fl oz.	0	0	0	26	16	5	1/4 c fruit			
	190	Grape	1.75 fl oz.	0	0	0	23	16	5	1/4 c fruit			
	188	Rainbow Freeze	3.75 fl. oz	0	0	0	19	27	10	1/4 c fruit			
Fruiti Bar	193		2.75 fl oz	0	0	0	26	24	10	1/4 c fruit			
Strawberry Banana Bar	114		2.5 fl oz	0	0	0	25	21	10	1/4 c fruit			
<b>Balliro's</b>													
Italian Ice		Orange	4 fl oz	0	0	0	7	9	0				
		Sugar-Free Tangerine	4 fl oz	0	0	0	0	6	0				
		Sugar-Free Peach	4 fl oz	0	0	0	0	7	0				
		Sugar-Free Lemon	4 fl oz	0	0	0	0	7	0				
		Sugar-Free Blue Raspberry	4 fl oz	0	0	0	0	7	0				
CN Ice Fruit Drink		Orange	4 fl oz	0	0	0	7	3	0	1/2 fruit			
		Cherry	4 fl oz	0	0	0	7	3	0	1/2 fruit			
<b>California Natural Juice Bars</b>													
100% Juice Bars with 3 gm fiber		Cherry, Orange	3 oz	0	0	0	12	13	10	3/8 c Fruit			
<b>Frostar</b>													
Juice-On-A-Stick		Cherry, Orange	1.75 oz	0	0	0	16	11	15				
Pudding-On-A-Stick		Chocolate,	1.75 oz	23	8	NL	27	19	50				
Pudding-On-A-Stick		Swirl	1.75 oz	27	4.5	NL	27	19	50				
<b>Fruit-A-Freeze Bars</b>													
Cherry, Strawberry, Watermelon, Pineapple, Fruit Punch-Lemon, Lemon,			3 & 4 oz	0	0	0	11	17-26	50				

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	Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	%cal Sugar	gm CHO	mg Na	Notes	
		Mango												
<b>Icee</b>														
	Squeeze Tubes W/ Juice		Cherry, Blue Raspberry, Watermelon			4oz	0	0	0	19	21-24	10		
<b>J&amp;J Snack Foods</b>														
	Whole Fruit Bar	23050300	Outrageous Orange			3 fl oz	0	0	0	11	14	10	3/8 cup	
	(Premium Juice Bar)	23050200	Outrageous Orange			2 fl oz	0	0	0	11	10	5	1/4 cup	
		23050305	Wild Cherry			3 fl oz	0	0	0	11	14	10	3/8 cup	
		23050205	Wild Cherry			2 fl oz	0	0	0	11	10	5	1/4 cup	
		23050310	Very Berry			3 fl oz	0	0	0	11	14	10	3/8 cup	
		23050210	Very Berry			2 fl oz	0	0	0	11	10	5	1/4 cup	
		23050315	Sour Apple-licious			3 fl oz	0	0	0	11	14	10	3/8 cup	
		23050215	Sour Apple-licious			2 fl oz	0	0	0	11	10	5	1/4 cup	
<b>Luigi's</b>														
	Sherbet Cups		Chocolate, Orange, Raspberry, Lime, Grape			4oz	11.3	7.5	0	20	17	20	1/4 c fruit serv	
	Real Italian Ice Squeeze-up Tube		Cherry, Strawberry, Lemon			4oz	0	0	0	13	17	15		
	Sourpuss		Cherry, watermelon			2.25 oz	0	0	0	22	30	0	1/4 c. fruit	
	Sourpuss		Cherry, Watermelon			3.1 oz	0	0	0	22	31	5	3/8c fruit	
<b>Mayfield Dairy</b>														
	Fudge Bar					2.5 fl oz	0	0	0	24	24	70		
	Fudge Stix					1.75 oz	0	0	0	24	17	50		
	Fudge Stix Bullet Bar Jr.					1.75 oz	0	0	0	9	12	60		
	Fudge Bar NSA					1.75 oz	0	0	0	18	12	60		
	Push-Ups Sherbet					2.0 oz	2	2	0	18	16	20		
	Real Fruit Bars					2 oz	0	0	0	21	16	0		
	Fruit Stix NSA					1.75 oz	0	0	0	1	15	15		
	Lowfat Ice Cream Cup		Chocolate, vanilla			3 oz	13.5	9	0	21	18	60		
	Lowfat Ice Cream Sandwich					4 fl oz	17	6	0	23	30	180		
	Vanilla LF Frozen Yogurt					3 fl oz	23	10	0	20	14	50		
	Firecracker Jr.(70% juice)		Cherry, lemon, raspberry			1.6 fl oz	0	0	0	16	8	0		
	Orange Cream Bar					3 fl oz	8	6	0	22	15	35		
	Birmingham Orange Sherbet Cup					3 fl oz	15	10	0	20	19	15		
<b>Minute Maid</b>														

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Juice Bars		Blue Rasp, Cherry, Cherry Apple, Fruit Punch, Grape,			2.25 oz &	0	0	0	22	15	10	1/4c fruit
		Green Apple, Orange, Pink Lemonade, Strawberry			3.1 oz	0	0	0	22	21	10	3/8 c fruit
<b>North Star</b>												
Lowfat Ice cream cup	24480506	vanilla			3 oz	19	0	0	21	12	45	
	24490506	chocolate			3 oz	19	0	0	21	12	45	
	24500206	strawberry			3 oz	19	0	0	21	12	45	
Banana Blast	23030807	banana cream bar			3.5 oz	15	9	0	16	20	45	
Fat Free No Sugar Added Ice Cream		Chocolate, vanilla, strawberry			4 fl oz	0	0	0	6	27	85	
Fudge Bar					2.5 fl oz	0	0	0	14	10	70	
LowFat Ice Cr Bar		Vanilla & Chocolate			2.5 fl oz	17	8	0	24	12	50	
		Strawberries and Cream			2.5 fl oz	17	8	0	22	11	50	
Cookies & Cream Bar		lowfat			2.5 oz	15	9	0	33	19	70	
Dream Bar		orange			2.5 oz	12	7	0	21	15	30	
Strawberry Juice Bar		50% Juice			2.5 fl oz	0	0	0	19	16	5	
Raspberry Sherbet					4 fl oz	9	8	0	17	25	15	
Lime Sherbet					4 fl oz	9	8	0	17	25	15	
Orange Sherbet					4 oz	9	8	0	16	18	10	
Lemon Lime Sherbet		Frog Spit (tube)			3 fl oz	12	6	0	22	18	10	
		Bar			2.5 oz	11	6	0	21	15	30	
Rootbeer Float					3.5 fl oz	17	10	0	19	19	45	
Red Fat Ice Cr Sand					3.5 fl oz	25	10	0	14	25	85	
Mini Sundae Cone		Lowfat			2 fl oz	20	9	0	23	14	50	
Totally Tubular Sherbet		Orange			2.5 oz	11	6	0	22	18	10	
<b>Papa's</b>												
Fruit Freeze	All Flavors				4 oz	0	0	0	16	18	4	3/8 c fruit
<b>Purity</b>												
Orange Sherbet Pop-up					2.5 oz bar	11	6	0	18	16	20	
Orange Push up	630105				2.5 oz	9	2	0	25	23	15	
Ice Cream Low fat 2%	630111	Vanilla			1/2 cup	14	9	0	24	18	65	
	630112	Chocolate										
Orange Sherbet fat free	630109				1/2 cup	0	0	0	28	30	35	
Vanlla Sandwich	630193	98% Fat Free			1 sandwic	17	6	0	23	30	180	
Fudge Bar	563419				3 oz bar	0	0	0	24	24	85	
Fudge Pop					2 oz pop	0	0	0	24	16	60	

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Fudge Pop No sugar added					2 oz pop	0	0	0	9	12	60		
Firecracker Jr.					1.5 oz bar	0	0	0	16	8	0		
Scribblers	630377				2.5 oz	0	0	0	14	15	5		
Schoep's Frozen Yogurt	630108	Strawberry			4 oz	15	10	0	25	15	75		
<b>Repicci's</b>													
Italian Ice		cup/tube			4oz cup/tu	0	0	0	25	25	5		
<b>Rosati</b>													
Italian ice Cup	All flavors				4 fl oz	0	0	0	22	25	15	1/2c. Fruit	
<b>Shape Ups</b>													
Frozen Dessert	Cherry, Orange, Grape				3oz	0	0	0	23	18	25		
Frozen Juice Cup	Holiday Cups-Halloween, Winter Wonderland,			3 oz	0	0	0	19	18	10	1/4 c fruit		
	Shamrock, American Flag, Heart												
<b>Snapple</b>													
Snapple on Ice	Kiwi-Strawberry				3.5 oz	0	0	0	15	18	10		
<b>Sunshine Swirl</b>													
Smooth Ice Cups	Blue Razzin Lemonade, Strawberry Banana Blast,			4 oz	0	0	0	19	26	5			
	Cotton Candy, Bubble Gum Burst												
<b>Tio Pepe's</b>													
Horchata Congelada	Rice/Cinnamon/Vanilla	a (tubes)			4oz	3	0	0	30	34	0		
Horchata Congelada	Rice/Cinnamon/Vanilla	a M-pak			3oz	0	0	0	30	27	0		
<b>Turner</b>													
Frozen Flavored Juice Bar	Tropical Punch, Strawberry, Orange			2.25 fl oz	0	0	0	14	14	0			
Good Humor Vanilla Low Fat Ice Cream Sandwich					3.0 fl oz	12	7	0	21	26	110		
Good Humor Cookies and Cream Low Fat Ice Cream Bar					2.7 fl oz	10	10	0	18	18	35		
<b>Unilever</b>													
Popsicle Pop Ups	Orange Burst, Reckless Rainbow			2.75 fl oz	9	0	0	19	15	15			
Popsicle Firecracker Jr.	with real fruit juice			1.6 fl oz	0	0	0	16	15	0			
Popsicle Scribblers					2.4 fl oz	0	0	0	14	15	5		
<b>Wawona Frozen Foods</b>													
Frozen Fruit Pops	Strawberry				2.75 oz	0	0	0	21	18	9		
	Peach				3.0 oz	0	0	0	19	18	7		



DATE	10/14/2008					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	%cal Sugar	gm CHO	mg Na	Notes	
Yoplait Light Smmothie		Strawberry Banana			8 oz	0	0	0	4	22	120		
<b>Upstate Farms</b>													
Yogurt Nonfat, Fortified		Strawberry, Peach, Raspbery, Strawberry Banana, Cherry Vanilla, Blueberry			4 oz	0	0	0	18	22	75		
<b>Yoplait</b>													
Light Nonfat Yogurt		Cherry, Peach			6 oz	0	0	0	8	19	85		
Lowfat Yogurt	17726	Strawberry Banana Bash			4 oz	9	9	0	15	21	55		
	17725	Trix Raspberry Rainbow			4 oz	9	9	0	15	21	55		
	720	Trix Raspberry Rainbow/Strawberry Banana Ba			4oz	9	9	0	15	21	55		
	17727	Trix Watermelon Burst			4 oz	9	9	0	15	21	55		
<b>Dairy</b>													
<b>Milk (any brand)</b>		Reduced fat, low fat, or skim All Brands & Flavors			8 oz.	varies	varies	0	varies	12-13 w	varies	1 milk	
<b>Coca Cola Ent. and Bravo Foods</b>													
Slammers	Low fat Milk		Pro Chocolate, Pro Vanilla, Organic White, Pro Strawberry, Three Muskateers		8 oz	100% m	varies	0	varies	17 flav	varies	1 milk	
<b>Nestle</b>													
Nesquick		61650	Chocolate		8 oz	100% milk						1 milk	
		O8590	Strawberry		8 oz	100% milk						1 milk	
<b>Frigo</b>													
Cheese Heads Light		(like string cheese)			1oz	37	30	0	0	0	200	>3.5gm fat 1 oz meat alt	
<b>Gehl's</b>													
Pudding Please!		Milk Choc, vanilla			4oz	7	0	0	20	27	180		
<b>Kraft</b>													
Handi Snacks Sugar Free		Reduced calorie pudding (splenda)											
Chocolate					3.5 oz	20	10	0	0	9	160		
<b>Sargento</b>													

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Light String Cheese					.75oz	37	22	0	0	0	180	>3.5 gm fat .75 oz meat	
<b>Yoplait</b>													
Yoplait Light Smoothie	All Flavors				8oz	0	0	0	4	18	120		
<b>Fruits</b>													
<b>Brothers-All-Natural</b>													
Fruit Crisps	100%	sliced freeze dried fruit				100 % fruit	0	0	0	73	14	0	
		apple, mango, strawberry, pineapple, banana									14		
<b>Concept Foods</b>													
Fruit Tubes		Banana, Guava, Pineapple,Mango, Jack Fruit				2oz tube	100% fruit (frozen individual servings)						1/4 c fruit
<b>Knouse Foods</b>													
Apple Sauce - sweetened	Splenda				4oz cup	0	0	0	8	12	3	1/2 fruit	
Fruit'n Sauce-sweetened	splenda				4oz. Cup	0	0	0	8	14	10	1/2 fruit	
<b>Dole</b>													
Fruit Bowls	All Fruits	100% fruit				4.3 oz	16	8	0	17	19	10	1/2 fruit
<b>Mott's</b>													
Applesauce,Scooby-Doo!		Mummy Berry, Pirates Punch, Rawberry Kiwi				4 oz cup	0	0	0	14	17	0	1 fruit
<b>Pierre Foods</b>													
Fruit Cups		80340	Pineapple			4 oz	0	0	0	20	25	4	1 fruit
		11040	Applesauce			4 oz	0	0	0	12	15	4	1 fruit
		10104	Chunky applesauce			4 oz	0	0	0	14	18	4	1 fruit
		10204	Cinnamon Applesauce			4 oz	0	0	0	18	23	5	1 fruit
		10704	Strawberry applesauce			4 oz	0	0	0	14	20	9	1 fruit
		80140	Peaches			4 oz	0	0	0	13	16	5	1 fruit
		80240	Pears			4 oz	0	0	0	14	17	8	1 fruit

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<b>Pastas, Meats, Soups</b>													
<b>Highland Beef Farms</b>													
Honey Pep TurkeyStick	211	Turkey	.8 oz	35	0	0	5	1	150				
Honey Pep ChixStick	064	Chicken	.8 oz	35	0	0	5	1	150				
<b>Jack's Links</b>													
Beef Jerky	113	Sweet & Hot	1 oz	12	6	0	14	5	440				
	173	Teriyaki	1oz	12	6	0	14	5	440				
	183	KC Masterpiece Barbecue	1 oz	12	6	0	21	7	390				
	47388	Chicken Fajita	1 oz	28	6	0	11	4	450				
	47383	Teriyaki Beef Steak Nuggets	1 oz	28	6	0	11	4	450				
	47387	Pork Tender Cuts	1 oz	28	6	0	11	4	450				
		Original	.9 oz	14	0	0	12	3	430				
		Peppered	.9 oz	14	0	0	12	4	360				
		Sweet & Hot	.9 oz	14	0	0	16	4	420				
		Teriyaki	.9 oz	14	0	0	16	4	410				
<b>Main Dishes</b>													
<b>Pierre Foods</b>													
Peanut Butter and Jelly Bar with Graham Wafer	92100		2.2 oz	55	11	2	16	27	267	1 meat+1bread			
Peanut Butter and Jelly Jamwich	92127	Strawberry jam on wheat bread	2.8 oz	49	11	2	26	33	309	1 meat+1bread			
	92123	Grape jelly on wheat bread	2.8 oz	49	11	2	26	36	308	1 meat+1bread			
<b>Schwan</b>													
Tony's Pizza Strips	Pepperoni		3.1 oz	23	9	0	4	28	460	2bread + 1oz meat alt			

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<b>Smuckers</b>														
Uncrustables	6650	PB & Grape Jelly, white bread	2.8 oz	54	9	0	18	33	354	1M + 1B				
	6651	PB & Jelly-Wheat bread	2.8 oz	54	9	0	18	33	354	1M + 1B				
	6659	PB & Strawberry Jam, white bread	2.8 oz	54	9	0	18	33	354	1M + 1B				
	6675	PB, Honey and Wheat Bread	2.8 oz	47	8	0	16	24	330	1M + 1B				
	5150006673	PB & Grape Jelly, with soy protein	2.5 oz	38	7	0	18	31	290	1M + 1B				
<b>Schwans</b>														
Classic Crust Pizza	16"	Cheese, Pepperoni	1/10 pie	30	8	0	2	38	600	1.5M,2.25B				
Harvest Pizza	16"	Cheese	1/10 pie	28	10	0	2	37	600	1.5M,2.25B				
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This does not mean that these products are approved or endorsed by the School Nutrition Program.														
Nor does an exemption indicate that these products have significant nutritional value. In addition,														
the exemptions should not be perceived as guidance or encouragement to school														
food authorities concerning their possible purchase.														
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